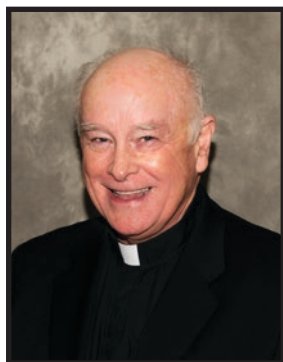


FROM THE PASTOR'S DESK

A NEW PASTOR—A NEW BEGINNING



Congratulations members of Trinity Lutheran Church! You have elected Chris Naig as your new pastor, and you now need to shift into preparations for his reception and beginning of ministry among you. This is an important time because beginnings often shape the continuing future of relationships. Therefore I want to think with you about some important aspects of the new pastor's arrival.

Obviously operations will be made to receive Chris's family with warmth and hospitality. You need to make the new pastor's family a part of your social circles as soon as you can. You also need to be sure to continue to introduce him to the larger St. Louis community and especially to your friends and neighbors, so that others may come to know and appreciate him. Your assistance in connecting him in the larger West County community will not just benefit him and his family, it will benefit Trinity in the long run. The more normal relationships which can be managed with Chris and others you know, the more likely will be the possibility that new people will be attracted to Trinity and Chris's ministry here.

It is important also that you recognize and remember that the future of Trinity as a congregation is far more in your hands than in Pastor Chris' hands. He is one person. You are hundreds. That means that the quality of ministry provided by the congregation will continue to have dramatically more impact on the future of our ministry than will anything Chris alone is able to say or do. Your willingness to come and see what Jesus has done, and go out into the community and tell what you have seen and heard, will be as important in your contemporary congregation as it was for the early church in Jesus' time and in the Acts of the Apostles. Your invitation to others, your warmth and hospitality, your willingness to go where others are found rather than wait for them to come to you, is essential if Trinity Lutheran Church is to thrive.

More than that, it is important that you, as a congregation, continue to work on harmony and mutual understanding within the

continued on page 2

MARK YOUR CALENDARS

Offering of Letters

Sunday, July 9
10:15 AM–Noon

Church Crashers Day of Service—Painting

Saturday, July 15
9:00 AM–1:00 PM

Volunteers Needed

Vacation Bible School

Monday–Friday

July 17–21

9:00 AM–Noon

Volunteers Needed

Monetary Donations Needed

Gateway 180

Meal & Activities

Saturday, July 15

Volunteers Needed

The Gathering

Sunday, July 16

6:00 PM (Fellowship / Potluck)

6:30 PM (Council Meeting)

Pastor Mann's Last Sunday

Sunday, July 30

Trinitell Monthly Newsletter Deadline

The deadline for submitting articles for the August Trinitell is July 15. Email articles or information to news@tlc-stl.org or mail to Trinity.

continued from page 1

congregation. There are still too many fractures within worshiping communities and those of different social groups to allow for solid and effective decision-making and planning as a whole congregation. Perhaps the most important gift you can give to your new pastor is your capacity to listen carefully and better understand one another across some of the differences within our congregational community. That continued healing and harmony is critical to the future of Trinity's life and ministry. And that must engage all of you.

Finally, it is my hope and prayer that you will be enthusiastically supportive of Chris and his ministry from the outset. That you will pray for him and his family, and do everything within your power to make his time among you successful and faithful. The tone with which you receive and support him will be reflected in his capacity to serve you and the larger West County community. Never underestimate the importance of your role in making his ministry successful.

Yours in Christ's service,

Pastor John Mann

God's work. Our hands. Sunday, September 10

MARK YOUR CALENDARS!
SUNDAY, SEPTEMBER 10
10:15 AM TO NOON
IN THE GYM

Everyone, from the youngest to the oldest, is invited to join the Mission Team on Sunday, September 10th for **God's Work—Our Hands Sunday**. The Mission Team is putting together different service projects to meet the needs of different groups in our local community. We have come up with a variety of service projects that anyone can participate in. Next month, we'll provide details about the service projects along with a list of donations needed.

VOLUNTEERS ARE NEEDED

If you are looking for a way to get involved at Trinity, but don't want a long-term commitment, we need you! We are looking for a few people who would be willing to supervise the different service projects for **God's Work—Our Hands Sunday**. No special skills are needed. If you are willing to help out, please contact Leslie Steinmeyer, lsteinmeyer@tlc-stl.org. Thank you!

OFFERING OF LETTERS



**Evangelical Lutheran
Church in America**

God's work. Our hands.



breadfortheworld
HAVE FAITH. END HUNGER.

2017 OFFERING OF LETTERS

**Sunday, July 9th
10:15am – noon in Room 123**

On July 9th, lift your voice on behalf of those who are poor and hungry. Join members of Trinity's Advocacy Network as we write our members of Congress.

2017 FOCUS

Budgets are moral documents reflecting our priorities. This year, we are urging Congress to make funding decisions that put our country and the world on track to ending hunger by 2030. In the proposed 2018 U.S. budget, programs that help families alleviate hunger and get out of poverty are threatened with deep funding cuts. We are writing asking Congress to adequately fund programs that are proven to help to end hunger and poverty, ie. WIC, SNAP, tax credits for low-income workers, and international development assistance.

WHY ADVOCACY?

As members of the ELCA, we believe that we are freed in Christ to serve and love our neighbor. God uses our hands, through our direct service work and our voices, through our advocacy efforts to restore and reconcile our world. Through faithful advocacy, the ELCA lives out our Lutheran belief that governments can help advance the common good. (elca.org/Advocacy)

The **2017 OFFERING OF LETTERS** is held in cooperation with the ELCA, **Bread for the World**—an advocacy partner of the ELCA, Trinity's Advocacy Network, and Trinity's Mission Team.

For more information about the **2017 Offering of Letters** go to: www.bread.org.

For more information about Trinity's Advocacy Network, contact Peggy Beljan Schaefer at pbschaefer@sbcglobal.net.

Sample Letter

Dear Sen. _____ or Dear Rep. _____,

As Congress works on the 2018 budget and spending bills, I ask you to make funding decisions that will put us on the track to end hunger by 2030.

I urge you to adequately invest in programs like WIC, SNAP, tax credits for low-income workers, and international development assistance. These programs are helping millions of people escape from hunger.

We have made progress reducing hunger and poverty in our county and around the world, but our work remains unfinished. My faith calls me to urge you to make public investments that will reduce and perhaps end hunger.

Sincerely,

(Your name)
(Your address)
(City, state, and ZIP)

JUNE COUNCIL MINUTES

Date: June 19, 2017

Attendees: Todd Maloy, Ron Jones, Richard Leimgruber, Mike Sharitz, Steve Paquette, Andrew Sobey, Cindy Gesme, Nancy Buffum, Claudia Pico, Kim Stewart, Becky Luethy, Morris Larson

Meeting Minutes: Recorded by Council rotation.

Todd Maloy called the meeting to order at 6:30 PM. The meeting began with a brief devotion and opening prayer.

TLC Updates and Discussions:

Todd reviewed the agenda and asked if there were any additional topics to be included in the evening's schedule. No additional New Business was added to the agenda.

Updates received from Staff and Teams (written & verbal):

- **Missional Service:** We have received great feedback on the Lantern Hill presentation during education hour on June 11th. The team is looking for ways to expand this partnership. Next Mission Team meeting slated for June 20th.

Congratulations and thanks to the entire garage sale team, led once again by Susan Meyland-Smith, on another successful event. In addition to the many individuals and ministries touched by direct donations, nearly \$12,000 was raised to support Trinity's mission efforts. Fantastic work, all!

- **OSC / Finance Committees:** Steve Paquette presented a summary of our YTD budget results and highlights through May. We are continuing a strong year, tracking a small surplus to the original budget through May after accounting for anticipated expenses not yet paid.

Other OSC notes (in no particular order): Summertime clean-up and maintenance activities are underway, including a significant wiring project now that school is out. Professional kitchen cleaning is being scheduled and a longer-term plan to improve this area is in the works. New computers and software updates are scheduled for several of the staff workstations and the sanctuary systems. The church van, while not formally given "last rites," has reached the end of its useful life—a small group from OSC and other committees that do or could use it will be convened to make a recommendation to Council. We may have the opportunity to lever some "sweat equity" assistance (gym cleaning & painting?) from the Riverside Baptist group that is using our facility as they build up their membership.

Thanks to the many volunteers, formal and informal, that carry out maintenance tasks around Trinity, helping keep facility costs in check.

- **Adult Education:** Thank you to our Adult Forum facilitators for their flexibility as several sessions have been rescheduled of late to accommodate meetings related to the Call process. Classes are set through the fall with the schedule now being kept in the church office, but help is still needed to coordinate future classes as we re-constitute this committee and set a long-term approach.

JUNE COUNCIL MINUTES

- **Preschool / Children's / Youth Ministry:** Preschool and Sunday School are on break until September. Carol provided her "punch list" items for summer maintenance to OSC—these will be scheduled over the coming weeks before students return. VBS is July 17–21, 2017—adult volunteers (and any other assistance) are still needed. No other youth or family activities on the schedule as of now.

Old Business:

Mutual Ministry Committee Update:

Mutual Ministry team formation took a back seat temporarily to the Call process, as the staff was instead invited to meet with our Call candidate during his recent visit. Work will pick back up as we aim to solve for both the current need (continuing to improve communication and consistency between Council and staff) as well as to provide a ready resource for our new pastor when he arrives.

"Church Crashers" / Summer Service Campaign:

While a church-wide announcement went out in last month's newsletter to kick off this campaign, it was followed almost immediately by news from our Call committee. We will table these efforts for a time, focusing on some of the smaller projects like the moving / re-launch of the nametag board, pending other near-term priorities. Stay tuned for future updates.

New Business:

Call Process Update:

Council revisited all the Call-related activities since the last meeting and continuing timeline for our new pastor. With thanks again to the Call committee for their work in identifying and presenting us with a strong candidate, we are on track for the Special Congregational Meeting and vote on June 25th (note: all who are available are needed to help facilitate, count ballots, etc.). Feedback from the candidate's visit and subsequent information sessions has been very positive as the congregation learns more about him and his family. An extended calendar was presented with contingencies discussed for when a new pastor might start and the transitioning of other responsibilities, including impact on the budget and steps needed after a Call is made.

The meeting adjourned at 7:48 PM to a brief closed session for discussion of personnel issues related to the Call process.

TRINITY LUTHERAN CHURCH IS NOW ON FACEBOOK

Find us on 

Do you have a Facebook account? Trinity is now active on Facebook. To follow Trinity, "Like" our Facebook page and follow our posts.



You can find the Trinity Facebook page here: <https://www.facebook.com/TrinityLuthernChesterfield>

CHURCH COUNCIL NEWS

Todd Maloy
tmaloy.cfa@gmail.com

Within minutes of adjourning our congregational meeting, the next round of questions began: “Now that we have called Pastor Naig, what’s next?”

First, take a minute to again thank our Call Committee. The team has done a great job in identifying an individual with the talents, experience, and energy we need to lead us forward, with Trinity also providing him a great opportunity to expand his calling. And pat yourselves on the back a little, too. The time and effort we put into the Ministry Site Profile guided their task and laid the groundwork for us going forward.

So now the real work for all of us begins. We are eager to move forward with the call process and have already been working on logistics of the transition. These include plans for church-wide activities and small group meetings for us to get to know Pastor Naig and his family, and for them to learn more about us. Stay tuned for more information on this. But, more importantly, we need to shift our focus from the call itself to supporting the ministry areas we agreed should be our priority, working together and listening to each other’s perspectives and ideas. I have captured this section from the call document again below, in case you want to print a copy and hang it on your refrigerator as a reminder:

During this time period, the minister will give special attention to ministry in the following areas:

- a) **Fostering a sense of community among Trinity’s members & staff; Helping us to continue to heal and learn to love one another unconditionally**
- b) **Engaging and inspiring members to increase participation in mission & outreach activities as the hands and feet of Christ**
- c) **Getting to know & building relationships with Trinity’s members & the communities we serve; Delivering pastoral care for those in need**
- d) **Building up current programs & developing new opportunities to serve young adults, youth, & young families with children**
- e) **Continuing our strong traditional-style worship while helping to develop a vibrant alternative worship opportunity; Preaching & leading meaningful worship experiences for all members consistent with the faith and practices of the ELCA**

The congregation will encourage this minister’s pastoral duties in the following ways:

- a) **Be open to new ideas & respect suggested changes; Be patient & understanding of goals & timelines**
- b) **Be open to developing relationships with the new pastor; Lift up his ministry in prayer**
- c) **Continue stewardship in all three areas – Time, Talent, & Treasure; Make Trinity a higher priority in all three**
- d) **Help pastor understand past conflicts so that we don’t repeat past mistakes; Forgive each other & carry Trinity forward**
- e) **Provide honest & constructive feedback to the new pastor**

CHURCH COUNCIL NEWS

Todd Maloy
tmaloy.cfa@gmail.com

It's such an exciting time for Trinity! Thank you for your part in our important work. If you have any questions, wish to volunteer, or want to learn more about ways you can help, please don't hesitate to contact me or any member of the Congregation Council.

Yours in Christ,

Todd Maloy

HELP WELCOME PASTOR NAIG

EVERYONE IS INVITED TO SIGN A BIBLE FOR PASTOR NAIG

The church council has purchased a study bible for Pastor Chris Naig. We will be giving this bible to him as a welcome gift when he arrives. During the month of July and August, everyone in our Trinity family (from the youngest to the oldest) is invited to highlight and mark up this bible with their favorite bible stories / verses. Pastor Chris has indicated that he will use the bible in visits and teaching opportunities. He also thinks it will be a great way to ground ourselves in scripture and prayer as the transition to a new pastor takes place.

Where can you find the bible so you can sign it?

On Sundays: The bible will be on a table outside the Narthex.

During the Week: The bible will be in the church office.

If you are in a small group that meets during the week, we invite you to contact the church office to make arrangements so that your small group may highlight and sign the bible when you meet. Our hope is that everyone has a chance to write in this bible before August 21. If you have any questions, please contact the church office. Thank you!



PAINTING VOLUNTEER OPPORTUNITY

Saturday, July 15 from 9:00 AM to 1:00 PM

Is one of your talents painting? Are you available on Saturday, July 15? If so, you are invited to join us as we paint and improve the appearance of our church building. Please contact Morris Larson at mlarson@tlc-stl.org to sign up. Thank you!

CHILDREN, YOUTH & FAMILY MINISTRY

Amy Jones
ibamywinter@gmail.com



BE A SUPERHERO FOR VBS . . . IT'S EASY!



Greetings from "Hero Central" VBS!

Planning for VBS is well under way and we are looking forward to another exciting week of laughter, learning and discovering our strength in God! I simply delighted that we currently have 25 youth who have volunteered to help with the program—some are from Trinity, some are friends of Trinity, and some are kiddos who attended VBS over the years and are now old enough to be youth helpers!

There are still a few openings for adult helpers . . . for a day or two or the whole week!

BUT what is really needed are the supplies . . . due to the specific needs of craft materials and snack ingredients this year, we have two dynamic shoppers (thank you Sharon and Sandy!) who will be doing the purchases as needed . . .



So how can YOU be a SUPERHERO for VBS . . . it's EASY !!!



Make a monetary donation to the program to offset the cost of supplies (*please make checks payable to "TLC" and write "VBS donation" in the memo line*)



Volunteer some time during the VBS week (July 17-21)



Donate EMPTY 2-Liter plastic soda bottles. We need 200 of them. (bottles can be dropped off in Amy's office)



Pray for the program, the participants, leaders, and youth



Come to Trinity the week of July 17-21 and check out God's Strength in



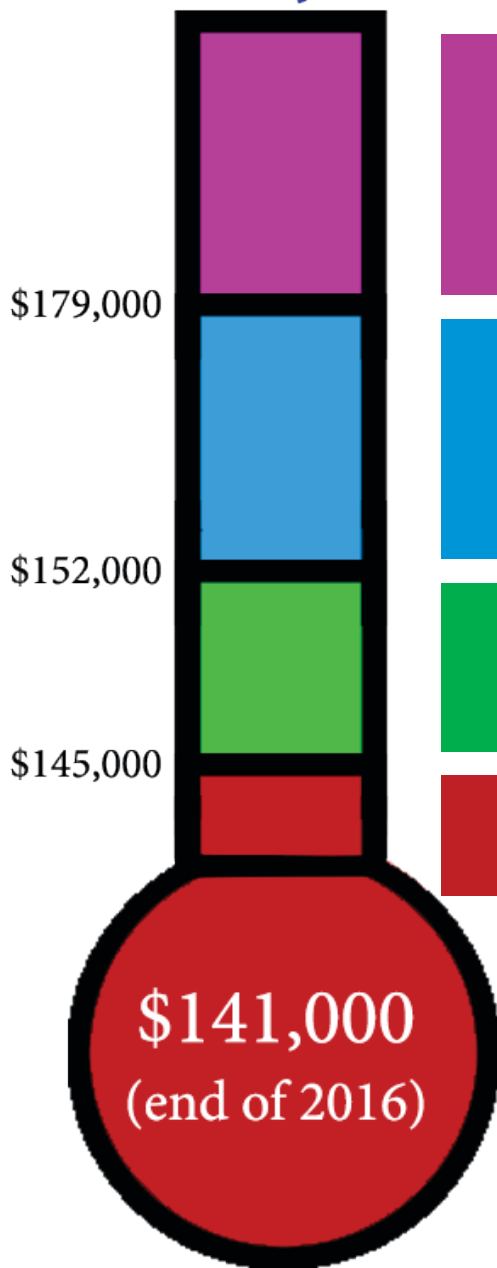
Amy Jones
Children, Youth and Family Director

TRINITY MISSION ENDOWMENT FUND

Jeff Haferkamp, Endowment Chairman
jeff.haferkamp@gmail.com

Goal
\$200,000

MISSION ENDOWMENT FUND UPDATE



**DONATIONS OF \$27,000 NEEDED TO
MAKE OUR GOAL**

**TWO GENEROUS DONORS WILL
MATCH DONATIONS UP TO \$27,000**

**CURRENT GIFTS RECEIVED IN 2017 =
\$7,000**

**\$8,000 MARKET APPRECIATION -
\$4,000 DISTRIBUTION**

**THANK YOU HARRY & GENIE
MUELLER FOR HOSTING A
WONDERFUL ENDOWMENT
RECEPTION AT BELLERIVE ON
MAY 24, 2017!**

THANK YOU GARAGE SALE VOLUNTEERS



AS IT HAS BEEN STATED BY A WELL KNOWN FRIEND OF OURS . . . "IT IS FINISHED" FOR US . . . AGAIN!

A huge **THANK YOU** to all those that participated in the 2017 Annual Garage Sale. The support, muscles, time and dedication of the workers was greatly appreciated. I can't thank those that were always "on the scene" enough. Thanks to the set-up and clean-up crews, Sunday morning "movers," donors, transporters, phone callers, cashiers, customer assistants, "muscle men, woman and youth," money changers and the lunch serving crew! For those that brought their friends to help with the sale, please pass on my grateful thanks for their dedication of many days of help to a sale that was not even for their organization.

A special thank you to Bob Garthe for constructing the wonderful table signs, making it easier for the customers to locate the treasures they were searching for. Thank you Ron Jones for purchasing the much needed 8-foot tables so the treasures could be displayed in an orderly display. These tables were much lighter for the aging muscles of the set up crew! With the "donation" from Jim Wilhite, the clean up crew was rewarded to a relaxing few minutes of adult refreshments and garage sale stories after the church was transformed back to Sunday ready. Many laughs were enjoyed!



The "executive" committee felt the donations were a little light this year, but the volunteers managed to work their magic with sales, so, almost \$12,000 was raised for Trinity. In addition to helping the mission of Trinity, donations to other community charities were also made, which included: The Salvation Army, Gateway 180, Assistance League of St. Louis, Charity Sharity (an outreach organization that disperses fabric, sewing material and the like to those in need), and The Shoe Man. In addition, many wheelchairs, walkers, etc. . . were donated to a medical charity group.

SAVE THE DATE . . . The 2018 Trinity Garage Sale will be held on June 8 and 9, 2018.

Start saving your donations and Tylenol for those aging muscles!

Susan Meyland-Smith
Trinity Garage Sale Coordinator



PLUG IN - GET INVOLVED

THE NAMETAGS HAVE MOVED

As you walk in the hall outside the Sanctuary, you will notice that the nametag board has been moved. Thank you to the Thursday Night Small Group for moving this board. We are hoping that our Trinity family will start wearing their nametags consistently on Sunday mornings now that the board is closer to the Sanctuary.



NEED A NEW NAMETAG?

Can't find your nametag? Never got a nametag? No worries. Just contact the office and we will order you a replacement nametag (clip-on or magnetic, your choice). If you wish make a donation to offset the cost of the nametags, the cost to Trinity for each nametag is \$7.50.



2017 LFCS HELPING HANDS AUCTION

Saturday, August 19 at 5:00 PM
The Four Seasons Saint Louis

Tickets are \$150 per person. Black tie preferred, 1920's attire encouraged.

The proceeds from this event benefit the programs provided by Lutheran Family and Children's Services of Missouri. Your generosity offers hope where and when it's needed most.

To purchase tickets, go to the LFCS website:
<https://lfcsmo.networkforgood.com/events/2455-2017-lfcs-helping-hands-auction>



PLUG IN - GET INVOLVED



GATEWAY ACTION TEAM NEWS

Be the Hands and Feet of Christ

We are in need of volunteers to assist with the monthly dinners for the residents at Gateway 180. Our next dinners are scheduled for:

- Saturday, July 15
- Saturday, August 19
- Saturday, September 16

It's easy! Volunteers typically meet at Trinity at 3:00 or 3:30 PM to prepare a simple meal. We then carpool to Gateway to serve the meal by 5:00 PM, and then participate in a short activity with the residents (playtime/crafts with the children or bingo with the adults). We are usually back at Trinity by 7:30 PM. No experience is necessary! Our team will provide all the assistance you will need. Please contact Ken Hardebeck at lhardebeck@aol.com or 636.391.7130 for more information. Thank you!

LUTHERAN DISASTER RESPONSE—SOUTH SUDAN

The Mission Team has been made aware of a relief effort by the Lutheran Disaster Response project of the ELCA. This effort is focused on supporting the people in South Sudan that have been impacted by the ravages of civil war and famine.

The Situation:

Civil war and famine in South Sudan have caused nearly 5 million people to be food insecure. Rates of acute malnutrition are well over the emergency thresholds in most of the country. This is the first internationally declared famine anywhere in the world in the last six years. This crisis has driven about 100,000 people to flee their homes since the beginning of the year. More than 90 percent of them are women and children. With the influx of refugees, the resources of neighboring host countries are running thin.

Our Response:

Lutheran Disaster Response is committed to walking with our brothers and sisters affected by the crisis in South Sudan by responding within the country as well as across its borders. Because we are a church working with companion churches and other ecumenical partners in the region, we are prepared to provide care, support and hope. We need you to join us in this effort. Operating through local partners, we will accompany survivors through food distribution, temporary shelter, water and sanitation, and psychosocial support. Your gifts are needed to provide this lifesaving aid. This immediate aid is being linked to a longer-term commitment to South Sudan by ELCA World Hunger to build up resilient communities and provide health care, and by ELCA's Global Church Sponsorship in completion of a ministry center including a health clinic.

What You Can Do:

- Pray for those affected by the violence that they may be granted peace and healing.
- Visit the ELCA website for additional information on this need.
- Prayerfully consider making a donation to this relief. Checks should be made payable to "Trinity Lutheran Church" and note 'Disaster' in the memo section of the check.

PLUG IN - GET INVOLVED

TRINITY BOOK GROUP

Monday, July 24 at 11:30 AM

Hillbilly Elegy
by J. D. Vance

A passionate and personal analysis of a culture in crisis—that of white, working-class Americans. The decline of this group, a demographic of our country that has been slowly disintegrating over 40 years, has been reported on with growing frequency and alarm, but has never before been written about as searingly from the inside. J.D. Vance tells the true story of what a social, regional, and class decline feels like when you were born with it hung around your neck.

All are invited to bring a lunch and join our discussion.

Reading ahead:

August 28 at 11:30 AM
Zealot: The Life and Times
of Jesus of Nazareth
by Reza Aslan

Questions? Call Karen Johnson at 314.275.9905.



Take a meal to someone in need!

Our freezer now has a wonderful selection of meals. New meals of Chicken & Wild Rice Casserole, Penne Pasta with Meat Sauce and BBQ Pork Sandwiches have been added. Do you know someone who is sick, healing, unemployed, has a new baby, just moved, just changed jobs, or is struggling in any way? Please be the hands and feet of Christ by taking them a home-cooked meal from Meals Do Matter!

NO TOWS IN JULY

Due to the closing the of New Life Evangelistic Center, our monthly meals for TOWS are currently on hold.

MISSION TEAM NEWS

Upcoming Opportunities to Serve—details will be provided in future communications:

- **Offering of Letters**—Re-Scheduled for July 9 Adult Forum
- **A Conversation with Trinity's Mission Team**—Re-Scheduled for August 20 Adult Forum
- **God's Work—Our Hands Sunday**—a dedicated day of service from 10:15 AM to Noon on September 10
- **Lutheran 500 Habitat Build**—September or October
- **Feed My Starving Children**—October 19-22 at Good Shepherd Lutheran Church

PLUG IN - GET INVOLVED



ST. LOUIS CHILDREN'S HOSPITAL AND LOCAL HOMELESS SHELTERS

This month kicks off the Mission Team's **Charity of the Month**. During the month of July, we will be collecting the following items:

- New or Gently Used Elastic Waist Shorts & Pants (all sizes)
- New Flip Flops (all sizes)
- New Underwear (all sizes)

Items collected will be distributed as needed to St. Louis Children's Hospital and local homeless shelters (Gateway 180 and Zion Lutheran Church's Men's Shelter).

NEW COLLECTION BIN

There is a new collection bin located in the Missions Room for the Charity of the Month. The sign on this bin will change each month. The Missions Room can be found near the coffee pots in the Atrium. We will continue to collect items for Circle of Concern, Gateway 180 and Nurses for Newborns each month. This summer we hope to give the Missions Room a new look. Keep watching for more information about how you can help.



DONATIONS NEEDED FOR NURSES FOR NEWBORNS

We have added a new collection box in the Missions Room. Nurses for Newborns provides a safety net for families most at risk in order to prevent infant mortality, child abuse and neglect by providing in-home nursing visits which promote healthcare, education, and positive parenting skills. This month, we are collecting diapers (all sizes) and baby wipes for Nurses for Newborns.

Donations may be placed in the Nurses for Newborns bin in the Missions Room



DONATIONS NEEDED FOR CIRCLE OF CONCERN

This month we are collecting canned chicken, canned pasta and cereal for Circle of Concern.

Donations may be placed in the Circle of Concern bin in the Missions Room

PROJECT BREAD DOUGHNATION

Volunteers Needed

Volunteers pick up bread every Friday night from Panera and deliver it the next morning to one of five charities. Please sign up in the Atrium, or contact Morris Larson at mlarson@tlc-stl.org for more information.

HEALTH NOTES

Norma Anderson, RN, PhD - Parish Nurse

SKIN CANCER: WHEN WAS YOUR LAST SKIN EXAM?

Because we have already had a number of days this Spring where the sun was very bright and the temperatures were in the 90's, I thought it might be a good time to remind everyone of the damage that can be done by overdoing it in the sun. Several local hospitals conduct skin cancer screenings, beginning in May. With early detection and proper treatment, the cure rate for skin cancer, especially basal cell and squamous cell cancers, is about 95%. When melanoma is detected before it spreads, it also has a high cure rate. Regular skin exams help people find skin cancers early, when it is most treatable.

A few risk factors significantly increase a person's risk of getting melanoma:

- **Sun Exposure.** It is important to protect the skin with sunscreen and clothing and avoid sunburn.
- **Light Skin.** However, people with dark skin do get melanoma. In skin of color, melanoma usually appears on the palms, soles, under the nails, in the mouth, or on the genitals.
- **Family History.** If one or more first degree relatives (parent, sibling or child) has had melanoma.
- **Number of Moles.** Having many moles (50-100 or more) or several atypical moles.
- **Types of Moles.** An atypical mole is not cancerous, but because of its different appearance, these moles need to be closely monitored for any changes.
- **Medical History.** Having had melanoma also increases your chances of having additional melanoma.

How can you protect yourself? Sun exposure is the most preventable risk factor for all skin cancers, including melanoma. You can decrease your risk of skin cancer and still have fun in the sun. Here's how to be Sun Smart:

1. Generously apply a broad-spectrum, water-resistant sunscreen with an SPF of 30 or more to all exposed skin. Broad spectrum provides protection from both UVA and UVB rays. Re-apply about every 2 hours, even on cloudy days, and after swimming or sweating.
2. Wear protective clothing, such as long-sleeved shirts, pants, a wide-brimmed hat and sunglasses, where possible.
3. Seek shade when appropriate. Remember that the sun's rays are strongest between 10:00 AM and 4:00 PM. If your shadow is shorter than you are, seek shade.
4. Use extra caution near water, snow and sand as they reflect the damaging rays of the sun which can increase your chance of sunburn.
5. Get Vitamin D safely through a healthy diet that may include supplements. Don't seek the sun.
6. Avoid tanning beds. Ultraviolet light from the sun and tanning beds can cause skin cancer and wrinkling. If you want to look like you've been in the sun, consider using a sunless self-tanning product, but use sunscreen with it.
7. Check your birthday suit on your birthday. If you notice anything changing, growing or bleeding on your skin, make an appointment to see a dermatologist.

Skin cancer is very treatable when it is caught early. Have a safe summer!

Norma E. Anderson, RN, MPH, PhD
Parish Nurse

MEMBERSHIP NEWS & UPDATES

WAY TO GO STEVE PAQUETTE!



Steve Paquette

And, they're off! Our very own Steve Paquette joined the MO-Hab riders from Manchester UMC on a cross-state bike ride to raise money for Habitat for Humanity STL. The 265 mile, 5-day ride followed the Rock Island and Katy Trails from western Missouri to St. Charles.

The MO-Hab Riders have been bicycling to create awareness and raise funds for Habitat for Humanity since 1998. Each participant in the multi-day fundraising ride is required to raise a minimum of \$100 for Habitat for Humanity. The church has met or exceeded its financial goals for Habitat for the last 19 years, helping to build 26 homes. This year, the group has raised over \$15,000!



Steve Paquette

For many years the group has completed their fundraising ride across Missouri, mostly on the KATY Trail. Steve participated in the Celebratory 20th ride, starting on May 31st on the newly opened Rock Island Trail in the Kansas City area which joins the KATY Trail in Windsor, MO. He finished his 265 mile journey on June 5th by pedaling across the new Boone Bridge into St. Louis County and finishing at Frontier Park in St. Charles. Way to go Steve! We are all very proud of you.



Trinity will have a chance to support Habitat for Humanity this Fall. Keep watching the Monthly Trinitell for more information on how you can help with this important house building program.

If you or someone you know in our Trinity Family is involved in something you want to share, we'd love to feature you in our next Newsletter. Send us your news at news@tlc-stl.org.

MEMBERSHIP NEWS & UPDATES

WELCOME NEW MEMBERS!

Chuck & Jill Hall
Son Clark—19 months old
453 Hill Trail
Ballwin, MO 63011
314.313.3216
Chuck.n.hall@gmail.com

John Gorman, Jr.
John Gorman, III
1 Morena Court
Ballwin, MO 63011
636.399.1808
gormanjn@gmail.com

Don & Gail Young
17124 Windsor Crest Blvd.
Wildwood, MO 63038-1392
636.821.1940
youngstr1@charter.net

If your email address or cell phone number has changed, or if we don't have your information, please let the church office know, JoinUs@tlc-stl.org or 636.227.5432.

NEW PHONE

Bruce Horton
(C) 636.236.6406

Dick & Ann Eissfeldt
(H) 314.598.3631

Kimberly Ann Hemman
(H) 636.399.6821

Tom Janicik
(C) 314.440.1899

NEW PHONE

Ron Jones
(C) 314.650.8120

Delores Kennedy
(C) 314.402.8648

Polly Sievert
(H & C) 314.503.0200

Myrt Munzlinger
(H) 636.386.5519

NEW PHONE

Dorothy Norland
(C) 314.740.0353

Chris & Lori Roseman
(H) 314.775.4772

Carol Sall
(C) 314.302.2165

THANK YOU!

- Mike Sharitz for completing an all-day wiring project and saving TLC \$1,500 in the process!
- Ron Jones for putting together a new cart for table storage in the gym!
- ALL the Garage Sale volunteers who helped in any way!
- Kathy Gaal, Mary Hepperly & Peggy Schaefer for representing Trinity as delegates to the Central States Synod Assembly in Kansas City!
- The Call Committee (Dave Luethy, Kathie Haferkamp, Dan Klug, Heather Little, Fred Meyland-Smith, Christie Tietjen), the Trinity Council (Todd Maloy, Paul Bauermeister, Nancy Buffum, Cindy Gesme, Ron Jones, Richard Leimgruber, Becky Luethy, Steve Paquette, Claudia Pico, Mike Sharitz, Andrew Sobey & Kim Stewart) and everyone at Trinity who gave Pastor Chris and his family such a warm welcome during their visit to St. Louis!
- Ron Jones for spending an entire day removing everything from the kitchen and cleaning!
- Cindy Gesme & Cheryl Hick for keeping the flowers and roses so nice outside!

MEMBERSHIP NEWS & UPDATES

PRAYERS FROM JUNE 2017

Please pray for... Florence Artaserse, Buddy Cason, Umesh, Aru & Arjun Mapari, Marilyn & Brett Miles, Sue Bahle, Elena Ubben, Jadon & Anias, Dorothy & Win Winter, Erik & family, Howard Webber, Sandy Cooper, Bob Banas, John Szott, Michelle, Patricia Riker, Robert Gerst, Bo, Ellie McNulty, Paula, Debbie, Dottie Rasche, Linda, Logan, Cam, Judy Hammer, Sean Lappin, Tara, those who are homeless, those with mental illnesses and addictions all recent graduates, safety for those traveling, for all who are hungry, suffering men, women, children in our community who need to know that someone cares

Those in need of healing... George, Clarence Seckel, Dick Johnson, Wallace Larsen, Dick Tate, Melisa Rice Guthrie, Gertrude Wynn, Marilyn Rowan, Larry Lemke, Barbara MacPeck, Arlene Spector, Hazel Makowski, Mary Luke, Mary Sobey, Dot Kontak, Gary Sonabend, Patricia Rice Lamb, Peggy Schafer, Nik Tendler, Carson H, Gerry L, Gina G, Leslie B, Shickoh Jadali

Those undergoing treatment... Earl Lindenberg, Drew Aufderheide, Steve Hild, Dennis Anstine, Lou Ann Ditchfield, Jennifer Winters, Barbara Kurtz

Those in hospice care... Trudy Mueller (mother of Jim Mueller), Mae Beth Gallagher (friend of Pat Irmscher)

For the family and friends of...

- Hans Rath, beloved father of Heidi Hope, who passed away on June 11
- Judith Gomez Vidal, beloved sister of Cesar Gomez, who passed away on June 1
- Margaret "Peggy" Ledgerwood

Those serving overseas... Nate K. (Kuwait & Iraq), Jeff Immer (Kuwait)

Thanksgiving and praise for...

- 45 years of faithful service & ministry of The Rev. Dr. John M. Mann!

To make a prayer request...

- Call the church office—636.227.5432
- Email news@tlc-stl.org or bpecher@tlc-stl.org
- Enter prayer requests on our website: www.YouMattertoGod.org
- Prayers remain on the list for two weeks and may be renewed by request.

MEMBERSHIP NEWS & UPDATES

UPCOMING BIRTHDAYS

Hanna Anderson 7/1
Emma Resek 7/1
Erika Anstine 7/2
Eric DeLauter 7/2
Bob Hick 7/3
Barb Trettel 7/3
Julia Blumenthal 7/4
Cynthia Devine 7/5
John Gorman, Jr. 7/6
Ruth Hughes 7/6
Rebecca Minogue 7/6
Cindy Anderson 7/7
Remington Dunn 7/7
Ann Miller 7/7

Andrew Mortenson 7/7
Sadie Yokum 7/7
Bette Cataldo 7/10
John Gorman, III 7/10
Avery Matteson 7/11
Claire Biangardi 7/12
Betty Mild 7/12
Ann Fischer 7/13
Marilyn Miles 7/14
Michelle Halter 7/17
Madeline Hardebeck 7/17
Kathy Gaal 7/18
Sara Hugery 7/20
Glenda Partlow 7/21

Bob Francis 7/22
Jeff Haferkamp 7/25
Julianna Rourke 7/25
Arlene Meyer 7/27
Genie Mueller 7/27
Kellie Resek 7/27
Emily Williams 7/28
Gene Kerr 7/29
Paige Halter 7/30
Jessica Tietjen 7/30
Franklin Schnarr 7/31
Phil Steinmeyer 7/31

UPCOMING ANNIVERSARIES

Steve & Marilyn Rowan 7/9/1966
Tom & Lou Ann Ditchfield 7/9/1977
Matt & Tina Johnson 7/10/1999
David Maupin & Jennifer Tietjen 7/11/2009
Scott & Peggy Miller 7/12/1987
Kristopher & Laura Kueker 7/12/2014
Tom & Lonna Ellsworth 7/15/1989
Miguel & Claudia Pico 7/17/2004

Renato & Bette Cataldo 7/22/1989
John & Janice Zimmerman 7/23/1955
Dave & Becky Luethy 7/23/1983
Rob & Mary Harper 7/27/1985
Delores & Otto Wirgau 7/28/1956
Morris & Elaine Larson 7/30/1977
Tom & Becky Minogue 7/30/1977

CHURCH LEADERSHIP

Pastor John M. Mann, x112
Interim Pastor
pastor@tlc-stl.org

Morris Larson, x110
Operations
mlarson@tlc-stl.org

Becca Pecher, x100
Office Manager
bpecher@tlc-stl.org

Amy Jones, x114
Children & Youth Ministry/
Nursery Coordinator
ibamywinter@gmail.com

Kelly Sturm, x102
Bookkeeper
ksturm@tlc-stl.org

Sandi Thorp, x119
Congregational Care
skipsandi@sbcglobal.net

Leslie Steinmeyer, x111
Communications
news@tlc-stl.org

Jennifer Spohr
Organist/Music
jennifer@spohrpiano.com

Norma Anderson, x116
Parish Nurse
norma.anderson@swbell.net

Carol Bentley, x103
Preschool Director:
cbentley@tlc-stl.org

Council President: Todd Maloy
Vice-President: Ron Jones
Secretary: Richard Leimgruber
Treasurer: Steve Paquette

At-Large Members:	Nancy Buffum	Claudia Pico
	Paul Bauermeister	Mike Sharitz
	Cindy Gesme	Andrew Sobey
	Becky Luethy	Kim Stewart



YouMatterToGod.org

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Chesterfield, MO 63017